



What is SBAR?

SBAR is an acronym commonly used in healthcare settings to facilitate effective and concise communication between healthcare professionals. It stands for Situation, Background, Assessment, and Recommendation. SBAR is often used when there is a need to communicate critical information, such as during shift handovers, when escalating a patient's condition, or when contacting a physician or another healthcare provider.

By using the SBAR framework, healthcare professionals can communicate important information in a structured and organized manner, reducing the chances of miscommunication, errors, or misunderstandings, and promoting effective collaboration and patient care.



Here's a breakdown of each component of SBAR:

Situation: This is a brief and concise statement that provides the current situation or status of the patient. It includes information such as the patient's name, location, and the primary issue or concern at hand.

Background: This section provides pertinent information related to the patient's background or relevant history. It may include details such as the patient's diagnosis, previous medical interventions, allergies, recent test results, and any other contextual information that is crucial for understanding the patient's current condition.

Assessment: In this part, the healthcare professional presents their assessment of the patient's current condition. This includes objective data such as vital signs, lab results, and subjective observations, as well as the healthcare provider's interpretation of the information.

Recommendation: The recommendation component of SBAR involves suggesting a course of action or proposing what needs to be done next. This can include requests for specific interventions, medication changes, consultations, or any other appropriate actions that the healthcare professional believes are necessary based on their assessment.